



# Network News



## Quick Poll Results

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### Quick Poll - Dental Therapists

There's still time to participate in the September's **Quick Poll** on "Dental Therapists".

Recently moved?  
New contact information?

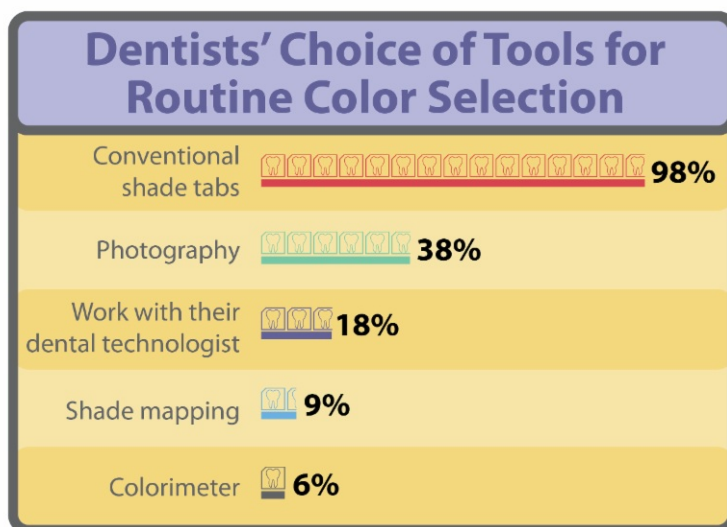
Exciting things are happening in The Network. Stay updated and in the know by emailing your Regional Coordinator your updated

## Quick Poll Results

### Quick Poll Results-Getting the Color Just Right

In our July 2016 Quick Poll of 385 dentists, slightly more than half (53 percent) of respondents reported having at least some difficulty selecting the correct shade for a new or repaired tooth. Only about 55 percent of respondents said they had taken a continuing education course on color in dentistry.

When asked what approaches they use to perform shade selection for routine cases in their office, almost all (98 percent) of the study participants said they use conventional shade tabs. They use other options to a much lesser degree (see graph). [Read more...](#)



## Study Updates

### Studies Currently Recruiting Participants

- Leveraging Electronic Dental Record Data for Clinical

information.

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Research

- A Pilot Study to Evaluate Feasibility and Acceptance of Oral HPV Detection in the National Dental PBRN
- Management of Painful Temporomandibular Disorders (TMD)

[Read more...](#)

## Article of Interest

### What's for Dinner? How To Help Your Patients With TMD Pain Eat Well

A surprisingly large number-10 to 15 percent-of people in the U.S. have painful temporomandibular disorders (TMD) pain, which means that a lot of people may be limiting the type of food they eat to avoid triggering the pain. Studies show that TMD pain can affect patients' meals, snacks, and their socializing. They may avoid nutrient-rich or high fiber food, and even give up eating with friends and family, researchers wrote in the August 2016 Journal of the American Dental Association.

When caring for patients with TMD pain, we should evaluate their diet and recommend ways to eat healthy foods more comfortably, the team concluded. Clinicians often recommend that patients with TMD pain eat a soft diet and avoid fiber-rich foods such as whole grains, fruits, and vegetables. But calling for a soft diet may be too broad. For example, biting and chewing "cottony" soft breads or rolls can require moving the jaw more than eating thinly sliced, whole-grain toast, cooked grains, or chopped vegetables and fruits. [Read more...](#)

## Member of the Month

### October Network Member of the Month: Claudio Levato

I am new to The National Dental Practice-Based Research Network. In fact, like most private practitioners, I did not know this organization existed. That does not mean I don't support ongoing research on a private practice format-it only means it was not on my radar. The only regret I have about learning about this organization is that it crossed my path close to the end of my career.



When I was asked to write this small quote, my original reaction was that I really did not have much personal experience with this group and did not really feel I could contribute. After a little

deliberation, I felt that my words may reach younger practitioners who are at a point where they are ready to give back to our profession. [Read more...](#)

