



Management of Painful Temporomandibular Disorders (TMD) Study

The National Dental Practice-Based Research Network (PBRN) has plans for a study on dentists' management of painful temporomandibular disorders and will be seeking participation of general dentists and orofacial pain practitioners.

Study Launch Date: **Fall 2016**

The overall goal of this national study is to identify the most feasible, practical and effective interventions for the initial management of TMD pain. The study will examine:

- Dentist- and patient-based factors that contribute to treatment decisions
- Patients' adherence to treatment,
- Observed changes from baseline in pain intensity and jaw function associated with TMD treatment.

This **observational study will follow dentists' care** for adults diagnosed with painful TMD. The dentist will decide what is the best treatment for their patients and then implement it. It will involve approximately 200 practitioners and 2000 patients from across the US.

Eric Schiffman, DDS, MS is the principal investigator. He is a professor in the Division of TMD and Orofacial Pain at the University of Minnesota School of Dentistry and a Diplomat of the American Board of Orofacial Pain.

The National Dental PBRN is open to all dental professionals as a consortium of participating practices and dental organizations committed to advancing knowledge of dental practice and ways to improve it. Essentially, it is "practical science" done about, in, and for the benefit of "real world" everyday clinical practice. The major source of funding for the nation's network is the National Institute of Dental and Craniofacial Research (NIDCR), part of the U.S. National Institutes of Health (NIH).

How can you participate?

Enroll in the National Dental PBRN

<http://www.nationaldentalpbrn.org/enrollment.php>

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