

MONTHLY E-UPDATE

May 2013

Each month we highlight a recent publication, recent study results, or other important information from the nation's network.

National Dental PBRN Article of the Month

Caries treatment in a dental practice-based research network: movement toward stated evidence-based treatment

The April 2013 issue of *Community Dentistry and Oral Epidemiology* featured an article entitled "Caries treatment in a dental practice-based research network: movement toward stated evidence-based treatment".

In this publication, the authors tested the hypothesis that a higher level of participation in a dental PBRN is associated with greater stated change toward evidence-based practice. They did this by sending a baseline questionnaire entitled 'Assessment of Caries Diagnosis and Treatment' to members of the nations network and was completed by 565 practitioners. A total of 405 of these also completed a follow-up questionnaire about treatment of caries and existing restorations. Certain questions (six treatment scenarios) were repeated 36.0 months later. A total of 224 were 'full participants' (enrolled in clinical studies and attended at least one network meeting); and 181 were 'partial participants' (did not meet 'full' criteria).

The results from the questionnaire indicated that 10% to 62% of practitioners were 'surgically invasive' at baseline, depending on the clinical scenario. Stated treatment approach was significantly less invasive at follow-up for four of six items. The authors noted that change was greater among full participants and those with a more-

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invasive approach at baseline, with an overall pattern of movement away from the extremes.

These results are consistent with a preliminary conclusion that network participation fostered movement of scientific evidence into routine practice. PBRNs may foster movement of evidence into everyday practice as practitioners become engaged in the scientific process.

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