## **Interest Survey**

DPBRN Research Project Interest Survey
1. What type of practice do you have? General Dentistry Other, please specify:
2. Do you have an Internet connection in your office that allows access to external websites?
3. What is the total number of dentists and hygienists in your practice? (Include both full and part time) Dentists Hygienists
4. Have you ever referred patients to a quit line (e.g., 1-800-QUITNOW) or used a "Fax to Quit" smoking cessation pro- gram?YesNo
5. In a typical week, estimate the number of smokers seen in your practice. (A practice is ALL providers: dentists, hygienists, etc. at the dental practice) smokers/week
6. Are you interested in participating in this project?Yes, very interestedYes, somewhat interestedNo

Thank you. Please place in the US mail. If you have questions email or call Jessica Williams at <u>ihwilliams@uab.edu</u> or 205-996-4957.

#### **Baseline Survey**

#### **Practice Survey: Refer→Go→Quit Smoking Cessation Study**

We appreciate your participation in the Refer $\rightarrow$ Go $\rightarrow$ Quit Smoking Cessation Study. An important part of the project is the completion of this survey about your practice. The information provided is confidential, and the results will be reported only as statistical summaries, with no personal identifiers. To provide the most accurate answers, feel free to discuss the questions with others in your practice. PLEASE PRINT ALL RESPONSES.

Name of primary person completing survey:	HQSUF	<u>RVNAM</u>		_		
Today's Date:	<u>HQSURVDAT</u>					
Your position:	HQSURVPOS					
Do the dentists in this practice also practice	ntists in this practice also practice at other clinics? HQOTPRAC					
PART 1: PATIENT DEMOGRAPHICS						
For each of the following, please estim (If you do not know exact percentages, ple			nis practice.			
<b>1.1</b> Approximately what percentage of the <u>p</u>	atients in this practice	e are ?				
Children & Teenagers (1 to 18 years	) HQPTCHILD	about	%			
Young adults (19 to 44 years)	HQPTYOUNG	about	%			
Middle aged adults (45 to 64 years)	HQPTMIDAGE	about	%			
Older adults (65 or older)	HQPTELDER	about	%			
		(Total = appro	ximately 100%)			
<b>1.2</b> Approximately what percentage of the <u>p</u>	atients in this practice	e are ?				
White, not of Hispanic origin	HQPTWNHSP	about	%			
White, of Hispanic origin	HQPTWHSP	about	%			
Black or African American, not of H	lispanic origin	about	%			
	HQPTBNHSP					
Black or African American, of Hispa	anic origin	about	%			
	HQPTBHSP					
American Indian	HQPTAMIND	about	%			
Asian or Pacific Islander	HQPTASIAN	about	%			
Other, please specify	HQPTSPC	about	%			
	HQPTOTHER					
		(Total = approxi	mately100%)			

# **1.3** Approximately what percentage of the <u>patients</u> in this practice are ...? [please check that the total adds to approximately 100%]

,	(To	otal = approximate	lv100%)
Not covered by any third party and receive free care or for a fee that is substantially reduced	HQREDFEE	about	%
Not covered by any third party and pay their own bills	HQOWNFEE	about	%
Covered by a public program that pays for some or all der	ntal care HQPUBINS	about	%
Covered by private insurance that pays for some or all der	ntal care HQPRIVINS	about	%

# <u>PART 2: ABOUT THIS PRACTICE:</u> To provide the most accurate answers, feel free to discuss the questions with others in your practice.

2.1 Approximately how many patients are seen at this practice per week? \_\_\_\_\_/week HQPTVISNUM

2.2 Are any of the dentists in the practice accepting new patients right now? \_\_\_\_Yes \_\_\_\_No HQNEWPT

2.3 Check one of the following that best describes this practice during the past 12 months. HQWKLOAD

1. Too busy to treat all people requesting appointments

2. Provided care to all who requested appointments, but the practice was overburdened

3. Provided care to all who requested appointments, and the practice was not overburdened

4. Not busy enough – the practice could have treated more patients

## 2.4 Please indicate if you agree or disagree with each of the following statements for your practice (Please check one box per statement).

	one box per statement).	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Unsure
a.	We do not have sufficient time during a routine visit to help a patient quit smoking. <b>HQNOTIM</b>						
b.	We have not had adequate training in smoking cessation counseling. <b>HQNOTRAIN</b>						
c.	We do not provide cessation counseling because we must focus on other health issues with our patients. <b>HQNOQUIT</b>						
d.	We do not have the resources needed to help a patient quit smoking (e.g. referral sources, educational materials). <b>HQNORSC</b>						
e.	We do not provide cessation counseling because other providers outside of this clinic provide these services. <b>HQQTREF</b>						
f.	We do not provide cessation counseling because we have few patients who smoke. <b>HQFEWSMK</b>						
g.	We believe that smoking cessation counseling has limited effectiveness in our patients. HQNOTEFF						
h.	We cannot get reimbursed for smoking cessation counseling. <b>HQNOREIMB</b>						

i. Prescribing nicotine replacement therapy for patients ready to quit <b>IS</b> a high priority for our practice. <b>HQNICOT</b>						
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#### 2.5 Which of the following are currently used in this practice? (Please check one box per statement)

		Yes	No	Unsure
a.	A formally adopted clinical guideline for smoking cessation. HQCLGUIDE			
b.	Patient intake forms that ask the patient about their smoking status. HQITFORM			
c.	Stickers or tags applied to charts of patients who smoke. HQTAG			
d.	Instructions attached to patient charts that guide staff through the steps of smoking cessation counseling. HQINSTR			
e.	Flow sheets attached to patient charts that facilitate documentation of all smoking cessation counseling provided to patients. <b>HQFLSHEET</b>			
f.	Self-help or educational materials for patients who smoke. HQSELFEDU			
g.	Referral to 1-800-QuitNow. HQQUITNOW			
h.	Referral mechanisms for patients who require more intensive assistance to quit. HQREFER			

#### PART 3: USE OF COMPUTERS IN THIS OFFICE

3.4

3.1 How many computers with Internet access does this practice have? \_\_\_\_\_\_ HQCOMPNUM

**3.2** What type of Internet access do you have at this practice? (Check all that apply):

\_\_\_\_\_High-speed internet (DSL or Cable) HQHISPD

\_\_\_\_\_Dial-up (requires user to key-in phone number for access) HQDIAUP

\_\_\_\_Other, please specify\_\_\_\_\_\_HQOTNET HQNETSP

**3.3** Indicate in what ways this practice uses the computer (check all that apply):

Patient education	Email	Billing/Claims	Decision support systems
HQPTEDU	HQEMAIL HQBIL	LCLM HQDECISION	
Ordering supplies	Personal use	eScheduling	Drug reference database
HQORDER	HQPERSONAL	HQSCHEDULE	HQDRUGREF
Electronic Medical	Record	Other, please sp	ecify:
HQELREC		HQOTHER	HQOTHERSP
In the past 12 months, has anyou	ne in this practice use	d email, electronic messa	ging, or secure messaging to
communicate with a patient?	Yes	No HQCOMMU	

#### PART 4: PROVIDER INFORMATION

Please provide the following information on <u>all</u> providers (dentists, hygienists, etc.) at this practice. We will not share your personal information, including your e-mail address, with other parties. This information is needed to allow you and your staff to access the website and will only be used to contact you for project-related correspondence. PLEASE PRINT ALL RESPONSES.

Provider's First Name	Provider's Last Name	Preferred Email(s)	Title or Role	Years at this practice
HQP1FNM	HQP1LNM	HQP1EMAIL	HQP1TITLE	HQP1YEAR
HQP2FNM	HQP2LNM	HQP2EMAIL	HQP2TITLE	HQP2YEAR
HQP3FNM	HQP3LNM	HQP3EMAIL	HQP3TITLE	HQP3YEAR
HQP4FNM	HQP4LNM	HQP4EMAIL	HQP4TITLE	HQP4YEAR
HQP5FNM	HQP5LNM	HQP5EMAIL	HQP5TITLE	HQP5YEAR
HQP6FNM	HQP6LNM	HQP6EMAIL	HQP6TITLE	HQP6YEAR
HQP7FNM	HQP7LNM	HQP7EMAIL	HQP7TITLE	HQP7YEAR
HQP8FNM	HQP8LNM	HQP8EMAIL	HQP8TITLE	HQP8YEAR
HQP9FNM	HQP9LNM	HQP9EMAIL	HQP9TITLE	HQP9YEAR
HQP10FNM	HQP10LNM	HQP10EMAIL	HQP10TITLE	HQP10YEAR
HQP11FNM	HQP11LNM	HQP11EMAIL	HQP11TITLE	HQP11YEAR
HQP12FNM	HQP12LNM	HQP12EMAIL	HQP12TITLE	HQP12YEAR
HQP13FNM	HQP13LNM	HQP13EMAIL	HQP13TITLE	HQP13YEAR
HQP14FNM	HQP14LNM	HQP14EMAIL	HQP14TITLE	HQP14YEAR

Thank you. Please place the completed practice survey, invoice, and W9 in the data collection box and return with the completed patient surveys. If you have any questions regarding the questionnaire, please call: Jessica Williams at 205-996-4957.

## **Information Prescriptions**

CONTROL VERSION

	PROVIDER	RETURN TOP PORTION TO UAB ####						
ADVISE "It is important that you quit smoking now, and I can help you."								
□ ASSESS <i>"Are you seriously thinking about q</i>	uitting smoking with	in the next 6 months?" 🛛 Yes 🗌 No						
□ ASSIST Information Rx given to patient								
	PATIENT	PATIENT COPY – TEAR HERE						
DECIDE 2QUIT								
Rx	Information	Prescription						
<ul> <li>Patient Instructions: Your dental provider has a address bar of your web browser. Once you log</li> <li>Interactive calculator and education m</li> <li>How to get support from those around</li> </ul>	g in, you will receive : naterials to help you	think about smoking and quitting						
Referring Dentist/Hygienist		Date						
	AGREEMENT							
I understand that quitting smoking is the single smoking will not be easy but I have the support will consider visiting the <u>www.decide2quit.org</u> v	of my dentist/hygier	nist to be successful. I agree to be referred and						
Patient Signature	HELPDESK • Tel: (2	Date						
DecidezQuit								

#### INTERVENTION VERSION

□ ADVISE "It is important that you quit smo	PROVIDER	RETURN TOP PORTION TO UAB ####					
□ ASSESS "Are you seriously thinking about quitting smoking within the next 6 months?" □ Yes □ No							
□ ASSIST Patient referred into system with:	PATIENT EN	/AIL:					
	PATIENT	PATIENT COPY – TEAR HERE					
DECIDE 2QUIT							
Rx	Informati	on Prescription					
Patient Instructions: Your dental provider ha address bar of your web browser. Once you l		<pre>/ww.decide2quit.org. Type this into the ve :</pre>					
Interactive calculator and education	n materials to help y	ou think about smoking and quitting					
• How to get support from those arou	und you (friends, far	nily, doctor)					
Referring Dentist/Hygienist		Date					
	AGREEMENT						
I understand that quitting smoking is the single most important thing I can do for my health. I know that quitting							
smoking will not be easy but I have the suppo will consider visiting the <u>www.decide2quit.or</u>		gienist to be successful. I agree to be referred and					
Patient Signature		Date					
Decide2Qu	it HELPDESK • Tel:	(205) 996-4957					

### Online Patient Registration Survey (D2Q) QP Patient Website Survey

- 1. What is your age?
  - 1. <19 **END SURVEY**
  - 2. 19-24
  - 3. 25-34
  - 4. 35-44
  - 5. 45-54
  - 6. 55-64
  - 7. 65+
- 2. For which of the following activities do you routinely use the Internet? (check all that apply)
  - 0. Not at all
  - 1. Search for information on topics such as news, health, travel, sports
  - 2. Read information on a website
  - 3. Send or read e-mail
  - 4. Watch videos or listen to audio clips
  - 5. Download files such as computer software, videos, or pictures
  - 6. Use an online social networking site like MySpace or Facebook or blogging
  - 7. Engage in online activities that require more input such as purchasing items, playing games, banking
- 3. Do you allow smoking in your home?
  - 1. Yes
  - 0. Noask
- 4. About how many cigarettes do you smoke per day?\_\_\_\_\_ (number)
- 5. Have you ever visited a smoking cessation website?
  - 1. Yes
  - 0. No

6. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

- 1. Yes
- 0. No
- 7. Do you want to stop smoking cigarettes?
  - 2. I do not smoke now
  - 1. Yes
  - 0. No

Did anyone at the dentist's office that	Yes, at my	Yes, at	
referred you to this website do any of the	last visit	another visit	No

following:		
8. Ask you if you smoke cigarettes?		
9. Advise you to quit smoking cigarettes?		
10. Refer you to the 1-800-QUIT-NOW		
tobacco quitline?		
11. Arrange a follow-up visit or call to talk		
more about your quitting smoking?		
12. Prescribe nicotine patches, gum or lozenges		
to help you quit smoking cigarettes?		
13. Give you any handouts or pamphlets about		
tobacco use?		

14. Are you...?

- 0. Male
- 1. Female

15. Do you consider yourself to be Hispanic or Latino, that is a person of Mexican, Puerto Rican, Cuban, South or Central American, or other Spanish culture or origin regardless of race?

- 1. Hispanic or Latino
- 2. Not Hispanic or Latino
- 98. Don't Know/Not Sure
- 99. Refused

#### 16. What RACE do you consider yourself to be? (Select one or more of the following)

- 1. Black or African American
- 2. White
- 3. Asian
- 4. American Indian or Alaska Native
- 5. Native Hawaiian or Other Pacific Islander
- 6. Other: (specify)\_\_\_\_\_
- 98. Don't Know/ Not Sure
- 99. Refused

#### 17. What is the **HIGHEST GRADE OR YEAR OF SCHOOL** you completed?

- 1. Never attended school or only attended kindergarten
- 2. Grades 1 through 8 (Elementary)
- 3. Grades 9 through 11 (Some high school)
- 4. Grade 12 or GED (High school graduate)
- 5. College 1 year to 3 years (Some college or technical school)
- 6. College 4 years or more (College graduate)
- 98. Don't Know/Not Sure
- 99. Refused

18. Please provide a name for the Decide2Quit system to call you. This can be your first name or nickname. We have personalized the system to use your "name" when you log on!

Primary Phone (home or cell): (in format – xxx-xxxx)\_\_\_\_\_

Secondary Phone: (in format – xxx-xxxx)\_\_\_\_\_

<sup>19.</sup> You may be contacted by email or telephone to complete a follow-up survey for the project. If you are interested, please provide a telephone number to contact you about a follow-up survey. If you are eligible and complete the survey, you will receive a \$30.00 compensation for your time.

#### **Six Month Patient Survey**

#### Quit Primo/DPBRN Patient Online Survey

Thank you for your participation in <u>www.Decide2Quit.org</u>. The following brief survey is about your experiences with the website. It will take between 5-10 minutes to complete. At the end of the survey you will be asked for your address to mail you a \$xx reimbursement for your time.

A1. Did you smoke any cigarettes during the past 30 days?<sup>14</sup>

□ Yes

 $\blacksquare$  A1A. During the past 30 days, on how many days did you smoke cigarettes? <sup>15</sup>

□\_\_\_\_Number of days

□ DON'T KNOW/NOT SURE

 $\square$  REFUSED

A1B. Was the last time that you smoked a cigarette, even one or two puffs .... within the past 7 days?<sup>16</sup>

- □ YES
  □ NO
  □ DON'T KNOW/NOT SURE
  □ REFUSED
  □ No GO TO A2
  □ DON'T KNOW/NOT SURE
- □ REFUSED

A2. Do you now use any of the following tobacco products? (Team wrote question)

□ Cigars

□ Smokeless Tobacco like dip, chew, or snuff

- $\Box$  Tobacco candy
- □ Other
- □ DON'T KNOW/NOT SURE
- □ REFUSED

IF QA1B = Yes, Don't know/Not sure, or Refused- GO TO BRANCH 1 IF QA1B = No - GO TO BRANCH 2

#### **BRANCH 1- SMOKER:**

**S1:** About how many cigarettes do you smoke per day? <sup>(Baseline website logon survey)</sup>

\_\_\_\_\_(insert number)
 DON'T KNOW/NOT SURE
 REFUSED

**S2:** Since you registered with the website on [*input date from website*], have you stopped smoking for one

day or longer because you were trying to quit smoking? <sup>18</sup> (
YES
NO
DON'T KNOW/NOT SURE
REFUSED

#### **BRANCH 2-NONSMOKER:**

**NS1:** Congratulations on quitting smoking! About how long has it been since you last smoked cigarettes regularly? <sup>Question from 12, choices adapted from 13</sup> *Interviewer: Ask the question, then confirm their answer by reading the choice.* 

 $\Box$  Never smoked regularly

 $\Box$  Within the past month (0 to 1 month ago)

 $\Box$  Within the past 3 months (2 to 3 months ago)

 $\Box$  Within the past 6 months (4 to 6 months ago)

 $\Box$  Within the past year (7to 12 months ago)

 $\Box$  Within the past 5 years 2 to 5 years ago)

 $\Box$  Within the past 15 years (6 to 15 years ago)

 $\Box 16$  or more years ago

 $\Box$  Don't know / Not sure

 $\Box$  Refused

**NS2**. Did you stop suddenly or did you gradually cut down the number of cigarettes you smoked?<sup>17</sup>

Stopped suddenly
 Cut down gradually
 DON'T KNOW/NOT SURE
 REFUSED

## **BOTH BRANCHES TOGETHER: ALL PARTICIPANTS**

A3. Since you registered with Decide2Quit on { *input date from website* }, have you used any of the following to

help you quit smoking (check all that apply): (Team)

□ A quitline (telephone counseling for quitting)

□ In person quit smoking counseling

□ General websites with information for quitting smoking outside of Decide2Quit

□ Interactive Online Support Group

□ Hypnotherapy

□ Acupuncture

□ Nicotine Replacement Therapy (gum, patch, lozenge)

☐ Quit Smoking medications (Chantix, Varenicline, Zyban, Wellbutrin, Nortriptiline, Buproprion)

□ Prayer, faith, or spiritual support

□ Other (specify)\_\_\_\_\_

A4. We would to know how much Decide2Quit influenced you. Please indicate how much you agree or disagree that Decide2Quit influenced you to do each of the following: <sup>(adaptation of STORIES SIS)</sup>

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
A4a: Cut down on smoking					
A4b: Quit Smoking					
A4c: Talk to a doctor about quitting smoking					
A4d. Get support from those around you to help quit smoking					
A4e. Set a quit date					
A4f. Use Nicotine Replacement Therapy like the patch or gum					
A4g. Make a list of reasons to quit smoking					
A4h. Use behavioral strategies like distraction or substitution					

# A5. Thinking about the Decide2Quit website, how helpful were each of the following: <sup>Team</sup> **IF PATIENT IS FROM A** *CONTROL* **PRACTICE: A5a-A5f**

	Very helpful	Somewhat helpful	Not very	Not at all	Did not
			helpful	helpful	use
A5a. My Health Risks section of website					
A5b. Thinking about Quitting section of website					
A5c. Family tools section of website					
A5d. Health provider tools section of website					
A5e. The library section of website					
A5f. Web resources section of website					
A5g. Communicating with a Tobacco Treatment Specialist					
A5h. Become an Ex online community					
A5i. Our Advice column					
A5j. Email messages from peers					
A5k. Email messages from Decide2Quit Experts					

#### IF PATIENT IS FROM AN INTERVENTION PRACTICE- All A5Questions

Thinking about your overall experience with the Decide2Quit website, how much would you agree with the following statement.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
A6: I would recommend Decide2Quit to my friends and family Team					

This completes the survey. Please provide your address in the space below so your \$XX reimbursement can be sent to you.

# Thank you for your time. Your input is very helpful to our study on Tobacco use. If you have any questions, please call XX XX at XXX-XXXX.

#### References

<sup>1</sup>Fagerstrom Questionnaire to Determine Level of Nicotine Addiction, adaption of original

<sup>2</sup>modification of Behavioral Risk Factor Surveillance System, BRFSS Historical Questions, 2003

<sup>&</sup>lt;sup>3</sup> Behavioral Risk Factor Surveillance System, BRFSS Historical Questions, 2003

<sup>&</sup>lt;sup>4</sup>National Health and Nutrition Examination Survey (NHANES)

<sup>&</sup>lt;sup>5</sup>National Youth Tobacco Survey (NYTS), adaptation to delete a response category and add 2 categories

<sup>&</sup>lt;sup>6</sup> Cancer Prevention Research Center, Smoking: Stage of Change

http://www.uri.edu/research/cprc/Measures/Smoking11.htm, adapted to say tobacco instead of smoking and deletion of Stage of Change descriptors (Precont, etc.)

<sup>&</sup>lt;sup>7</sup> Judith Gordon from the 6-week Smoker Survey

<sup>8</sup> Judith Gordon from the Baseline Tobacco Use Survey

<sup>9</sup> NIH guidelines but based on question from a PHS Personal Information on Principal Investigator

/Program Director example offered by the NIH. http://grants.nih.gov/grants/funding/phs398/personal.doc

<sup>10</sup> ATS, Adult Tobacco Survey 2003

11 Monitoring the Future- University of Michigan

12 BRFSS 2005

13 BRFSS 2000

14 California Adult Tobacco Survey (CATS), Massachusetts Tobacco Survey Adults (MTS), California Tobacco Survey Adult (CTS) 15 National Health and Nutrition Examination Survey (NHANES), New York Adult Tobacco Survey (NYATS), Adult Tobacco Survey (ATS), National Adult Tobacco Survey (NATS)

16 National Adult Tobacco Survey (NATS)

17 International Tobacco Control Survey (ICS)18 Not sure source- team partly but is it based on a standard Q?)

\*DK/NS R O means Don't know/not sure, refused, and other were added by DTC to this question