



# 1<sup>st</sup> ANNUAL SOUTHWEST REGION MEETING

of the National Dental Practice-Based  
Research Network (PBRN)

February 22nd 2013



## MEETING SUMMARY

5 hours Continued Education awarded



# Breakout Session Highlights

## BREAKOUT SESSION 1: RECRUITMENT

### MEMBERS, BOTH DENTISTS AND HYGIENISTS, DISCUSSED:

- What excited them about the network
- What motivated them to join
- The features of our enrollment process
- Suggestions to recruit potential members
- Suggestions to recruit current members for studies

### MEMBERS OFFERED TO HELP WITH RECRUITMENT BY:

- Handing out literature
- Engaging their staff
- Spreading the word at their local dental/hygiene societies and study clubs

## RECRUIT A FRIEND!

*If interested, call a  
Regional Coordinator.*

*"I have been to many meetings for the military as well as for my job as a hygienist. Without a doubt, this has been the BEST meeting that I have attended to date! The setting was comfortable and beautiful, staff (both resort and meeting) was excellent! Cannot say enough positive about my attendance!"*



*"Very well organized for 1st effort.  
Thank you very much!"*



### MEMBERS WANT:

- A practitioner advisory group will be formed to help with recruitment by hosting small group events and giving presentations
  - If interested, call a Regional Coordinator!
- Provide literature and email templates with information members can distribute
- Maintain a presence at local, regional and national dental meetings

We greatly appreciate all of the responses received and will do our best to honor everyone's suggestions.

**LET US KNOW IF YOU  
HAVE ANY OTHER  
IDEAS!**

*"Please invite me back! Loved it"*

# Breakout Session Highlights

## **BREAKOUT SESSION 2: RESEARCH IDEA GENERATION IMPORTANT TO OUR MEMBERS**

**FOCUS QUESTION:** What research topics do dentists and dental hygienists in our Southwest Region want to address over the next two years that truly enhance clinical practice?

- Members identified research areas of interest that could be addressed in the dental offices/clinics
- 19 ideas were generated from this interactive activity



## **BREAKOUT SESSION 3: RESEARCH QUESTIONS EXPLORED!**

- Members chose an area of interest from the ideas generated from Breakout Session 2 to develop into an actual research question
- Several great questions were developed in this session
- Many members signed-up to develop these questions further
- If you did sign-up, a Regional Coordinator will be in contact with you soon

*"Loved the conference! Am completely inspired to begin research!"*

*"Having taken statistics at an undergraduate then later again at a post-grad level, I must applaud Dr. Burge for an outstanding lecture "5 Easy Lessons". Thanks!"*

## **PROJECTS IN THE PIPELINE:**

1. Cracked Teeth Study
2. Suspicious Occlusal Caries Study
3. Isolation Methods Used During Root Canal Treatment

*"Very well put together meeting! With the professionalism shown by these individuals I feel humbled to be a part of this group!"*

**PLEASE CONTACT A REGIONAL COORDINATOR FOR MORE INFORMATION:**

**Stephanie Reyes** (210) 562-5654  
[ReyesS@uthscsa.edu](mailto:ReyesS@uthscsa.edu)

**Sarah Theisen** (210) 562-5686  
[Theisen@uthscsa.edu](mailto:Theisen@uthscsa.edu)



**HERE ARE THE TOP IDEAS  
GENERATED FROM BREAKOUT  
SESSION 2:**

1. Use of technology to improve patient outcomes
2. Is systemic disease related to oral disease?
3. Correlations of poor nutrition to oral and systemic health
4. Bottle fluoride water increase pH in xerostomic patients
5. Methods of patient education
6. Periodontal implications from dental care

A full report of each session is available in electronic form upon request.



**WANT TO HELP  
DEVELOP ONE OF  
THESE IDEAS OR  
SUGGEST ONE OF  
YOUR OWN?**

**REGIONAL COORDINATORS**

**Stephanie Reyes** (210) 562-5654  
[ReyesS@uthscsa.edu](mailto:ReyesS@uthscsa.edu)

**Sarah Theisen** (210) 562-5686  
[Theisen@uthscsa.edu](mailto:Theisen@uthscsa.edu)

