## Quick Poll Results-Getting the Color Just Right

In our July 2016 Quick Poll of 385 dentists, slightly more than half ( 53 percent) of respondents reported having at least some difficulty selecting the correct shade for a new or repaired tooth. Only about 55 percent of respondents said they had taken a continuing education course on color in dentistry.

When asked what approaches they use to perform shade selection for routine cases in their office, almost all ( 98 percent) of the study participants said they use conventional shade tabs. They use other options to a much lesser degree (see graph).

For challenging cases, respondents were more likely to seek help from a dental technologist than they were for the less challenging cases.

Why aren't more respondents attending a continuing education lecture or seminar on color in dentistry? About 25 percent had never seen an
 advertisement for one, 14 percent said they haven't been able to, and 5 percent didn't think it was important enough.

Here are some points to consider when selecting a shade:

- Most of the common shade guides were made for their respective porcelain systems - not for direct restorations.
- Are the lights in your clinic color corrected? In the Quick Poll, only 49 percent of respondents said their lights are color corrected.
- Shade selection and shade duplication are two different processes and equally important.
- Dental photography, along with shade mapping, can be very helpful when working with your dental technologist.

To continue the conversation, go to Quick Poll Results in the Member Forum.

