

January 2016



# Network News



News Items

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Quick Poll  
Results

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Quick Poll -  
Integrated Diabetic  
Care Models

There's still time to  
participate in the  
December [Quick  
Poll](#).

## News Items

### Currently Recruiting for Five Network Studies

While there are several new Network studies set to launch in 2016, we also have a variety of studies currently underway. This article includes a snapshot of studies still recruiting participants. If you and your practice are interested in participating in one of these studies, learn more about how to get started on our [Training page](#).

[Read more...](#)

### Network Research To Be Presented at AADR in March

Research sponsored by the Network will be well represented at the American Association for Dental Research (AADR) annual meeting March 16-19 in Los Angeles. The 15 Network presentations will cover a variety of important topics, including material selection for crowns, dentin hypersensitivity, sealant application, cracked teeth, suspicious lesions, and, of course, evidence-based dentistry.

[Read more...](#)

## Member Forum

Join the Member Forum Discussion on

Bi-directional exacerbation between diabetes and periodontal disease has been demonstrated. Dental professionals are ideally positioned to identify at-risk patients and provide education and referral to medical providers. Please complete this poll on diabetes testing in the dental office by January 8!

**Recently moved?  
New contact  
information?**

Exciting things are happening in The Network. Stay updated and in the know by emailing your Regional Coordinator your updated information.

[Join our Mailing List](#)

## Bruxism Jan. 11-15!



What are the most common ways to treat bruxism? How do dental practitioners determine whether to initiate treatment? Next week, authors of this month's Quick Poll results will be moderating a weeklong discussion on the [Member Forum](#) about all things bruxism. Join the conversation January 11-15 to discuss challenges, best practices, treatment options, and more.

First time joining a conversation on the Forum? Take a look at our [step by step instructions](#).

[Read more...](#)

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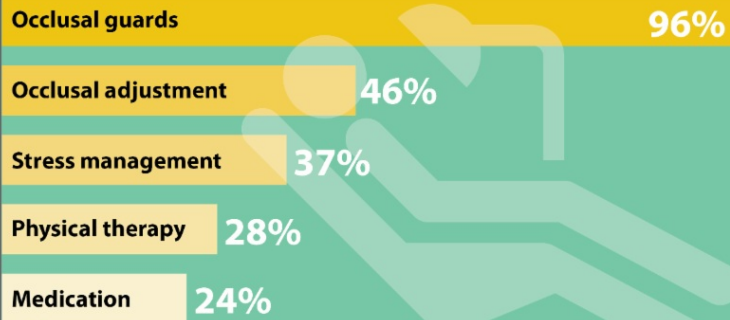
## Quick Poll Results

### Quick Poll Results: How Often--and How-- Do You Treat Bruxism?

Most dentists see one to three patients per month for bruxism, a condition in which patients grind or clench their teeth, our October 2015 Quick Poll of 400 respondents found. There's no cure for bruxism; practitioners focus on managing symptoms and preventing complications. Almost all of the poll respondents said they fit their bruxism patients with occlusal guards, also known as night guards. Other common treatments are illustrated below.

[Read more...](#)

## Common Treatments for Bruxism



## Member of the Month

### Dr. Bill Harrell



Dr. Bill Harrell, an orthodontist from Alexander City, AL, has been a member of the Network since its inception in 2005. He is participating in his first Network study, "Anterior Openbite Malocclusions in Adults: Recommendations, Treatment, and Stability," a prospective, 3½-year study of about 840 adult orthodontic patients.

[Read more...](#)

## Member Highlight

### Dr. Donald Nixdorf



Dr. Nixdorf is an Associate Professor at the University of Minnesota's Division of TMD and Orofacial Pain, a research investigator with the nonprofit HealthPartners Institute for Education and Research, Deputy Director of the Network's Midwest Region, and the Principal Investigator for the upcoming Network study, "Predicting Outcomes of Root Canal

Therapy."

Dr. Nixdorf and his colleagues received the 2015 Journal of Endodontics Award for Clinical Research, for their paper [Differential Diagnoses for Persistent Pain Following Root Canal Treatment: A Study in the National Dental PBRN](#), published in April 2015.

[Read more...](#)

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## Member Testimonial

### Experience Participating in Network Studies



Dr. Veerasathpurush "Sath" Allareddy shares thoughts about his experience as a member of the Network.

"Practice-Based Research Networks play a pivotal role in evidence-based medicine in general and orthodontics in particular. I have had the good fortune of leading the proposal for a Network Class II outcomes study of malocclusions, which has been reviewed by the Executive

Committee. This far into the process, I can say that the experience has been very positive."

[Read more...](#)

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