

# Western Region ANNUAL MEETING

SEPTEMBER 27 – 28, 2013

7 HOURS CONTINUING EDUCATION CREDITS AWARDED

*The Grand Hyatt, Seattle, Washington*

PHOTOGRAPHER: I, DANIEL SCHWEN



“Good job  
— past and present.”



**O**N FRIDAY EVENING, SEPTEMBER 27<sup>TH</sup>, members and attendees from **8 states** in the **Western Region** met for an informal reception at the Grand Hyatt in Seattle. Attendees enjoyed having the opportunity to interact with colleagues from across the region as well as discuss study ideas and topics of interest with national network team members and an NIDCR program representative.

*“Personal discussions / interactions with other Dentists at welcome gathering and Dental meeting are the strength of NDPBRN.”*

## SATURDAY

Breakfast on Saturday morning provided members with another chance to connect with colleagues, researchers and Western Region staff and also to meet and get to know attendees that are new to the Network.

A full day of interactive sessions and presentations followed.



## HIGHLIGHTS

### KEYNOTE SESSION:

**Jane Forrest, PhD, RDH**, in her keynote presentation, ***Commitment to Patient Care through evidence based practice***, engaged members with an intriguing case study about a practitioner who used evidence—some of which went against his own “instincts”—to treat an emergency dental trauma case. Dr. Forrest also discussed the advantages of the Clinical Queries PubMed tool; a search tool particularly beneficial to clinicians trying to answer a specific clinical question.





#### PLENARY SESSIONS:

*“Evidence-Based Dentistry for everyday practice was very engaging.”*

**Jane Gillette, DDS**, provided a thought provoking discussion on why we are so sure we know what we know, even in light of evidence to the contrary in her presentation, ***Evidence-Based Dentistry for everyday practice***.

**Cracked Tooth Registry Study: Dr.’s Tom Hilton and Jack Ferracane** explained more about this new study, including their intent to keep it simple and other lessons learned from the previous study. This study is close to enrolling its first patient!

**Suspicious Occlusal Caries Study: Dr. Sonia Makhija, DDS, MPH**, study principal investigator answered questions and queried practitioners about prevalence of lesions in their daily practice, additional diagnostic aids they employ in suspicious carious lesion situations and experiences with DIAGNodent or CarieScan Pro.

#### BREAKOUT SESSIONS:

- **Topics in Orthodontics** :: This highly engaged group reviewed results of an American Association of Orthodontists (AAO) survey sent to members to identify clinical research topics of importance to orthodontists. The group brainstormed study concepts and refined orthodontic study ideas.
- **Dentin Hypersensitivity Study** :: Practitioners discussed how hypersensitivity affects patients in their practice.
- **HPV & Oral Cancer Study** :: Discussions included how to handle patient concerns, age eligibility, storage, and referral options such as an ENT or oral surgeon.
- **Success of Single-Unit Crown Fabrication** :: This is the first study that includes a dental laboratory. There was much discussion around feasibility and how to implement this study into practice.







BREAKOUT SESSIONS, CONT.

“Well put together, organized and very useful!”

• **Topics in Pediatric Dentistry**

Practitioners discussed study concepts for allergies and radiographs.

• **Practitioner Engagement, Suggestions:**

- Limit frequency of Network communication; focus on key content
- Keep survey studies under 30 minutes
- Keep the (Western Region) annual meeting in the fall and offer many breakout sessions
- Consider a thumb drive for meeting materials
- Deliver content over two days — Friday evening & part of the day Saturday
- Provide an attendee list



**UPDATE ON STUDIES CURRENTLY IN DEVELOPMENT:**

- Cracked tooth registry
- Suspicious occlusal caries lesions
- Dentin hypersensitivity
- Isolation techniques
- Oral HPV
- Patient satisfaction survey
- Factors associated with successful crown placement
- Smoking cessation
- TMJD treatment methods
- Social network and communication patterns

**ADDITIONAL OPPORTUNITIES FOR INVOLVEMENT:**

**Speakers’ Bureau** :: Share information about the Network by giving a brief presentation at a local study club, dental society meeting, or state dental association meeting. We have materials, including brochures and a brief power point presentation available and will work with you to make this easy.

**Invite a colleague to join the Network** :: Do you have a friend of colleague that is interested in the latest developments and updates in research and would like to have the opportunity to participate in practice based research? Provide them with the link to the Network and encourage them to complete the enrollment questionnaire!

**Enroll** :: National Dental PBRN Enrollment Questionnaire at

<https://www.ndpbrn-research.org/enrollment/>

*If you are interested, or need additional information, let us know!*

**WESTERN REGION NETWORK**

The Western Region includes practices from 11 states, and three Pacific territories. Our staff is your connection to the National Network and we enjoy hearing from you. Please contact us with suggestions and/or questions.

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*Have questions or comments for the next meeting? Contact Jeri Starrett.*